

**PROCEDURE LOCATION: (If unsure of the exact place and time, please verify with the office)**

- Virginia Hospital Center Arlington 1635 North George Mason Drive 2<sup>nd</sup> floor - GI out Patient Center, Gold Parking
- Fairfax Hospital 3300 Gallows Road, Falls Church, VA Women's & Children's Center – Blue Entrance

**APPOINTMENT DATE:** \_\_\_\_\_ **ARRIVAL TIME:** \_\_\_\_\_ **PROCEDURE TIME:** \_\_\_\_\_

**EUS (UPPER) INSTRUCTIONS**

(Endoscopic Ultrasound)

*Please notify the office if you have an Internal Defibrillator or Cardiac Stent*

**1. Discontinue the following 5 days in advance of your procedure:**

Stop all aspirin, ibuprofen or Advil type products, blood thinners (Coumadin, Plavix, Aggrenox, Ticlid, Persantine.) **If you take any of these medications for cardiac reasons, check with your regular doctor before stopping them.** Tylenol may be used as needed. Your other necessary medications are OK to take.

2. Nothing to eat after midnight the night before the **EUS**. You may continue clear liquids through the night stopping 4 hours prior to your procedure arrival time. You may take blood pressure or heart medications as early as possible in the morning with small sips of water.
3. You must have a responsible adult to drive you home after your procedure or you may take a cab only if accompanied by an adult. You are **not to drive** for the rest of the day after your procedure.

Be certain you have provided all current insurance information and necessary referrals to our office at least two weeks prior to your procedure date. Referrals apply only to patients with HMO and Managed Care plans.

*To cancel or reschedule give 5 business days advance notice to avoid a charge*