

PROCEDURE LOCATION: (If unsure of the exact place and time, please verify with the office)

- Virginia Hospital Center Arlington 1635 North George Mason Drive 2nd floor - GI out Patient Center, Gold Parking
- Fairfax Hospital 3300 Gallows Road, Falls Church, VA Women's & Children's Center – Blue Entrance
- Woodburn Endoscopy Center 3301 Woodburn Road, Suite 109 Annandale, Virginia

APPOINTMENT DATE: _____ ARRIVAL TIME: _____ PROCEDURE TIME: _____

Please notify the office if you have an internal defibrillator

ENDOSCOPY (EGD) INSTRUCTIONS

1. **Discontinue the following 5 days in advance of your procedure:**
2. Stop all aspirin, ibuprofen or Advil type products, blood thinners (Coumadin, Plavix, Aggrenox, Ticlid, Persantine.) **If you take any of these medications for cardiac reasons, check with your regular doctor or cardiologist about stopping them.** Tylenol may be used as needed. Your other necessary medications are OK to take.
3. Nothing to eat after midnight the night before the endoscopy. You may continue clear liquids only, up 4 hours prior to your arrival time for your procedure. You may take blood pressure or heart medications, as early as possible in the morning with small sips of water.
4. Please have a responsible adult to drive you home after your procedure or you may take a cab only if accompanied by an adult. You are **not to drive** for the rest of the day after your procedure.

Be certain you have provided all current insurance information and necessary referrals to our office at least two weeks prior to your procedure date. (Referrals apply only to patients with HMO and Managed Care plans.)

To cancel or reschedule give 5 business days advance notice to avoid a charge

